

BIKE TO WORK DAY 2009

Bike Week, May 11-15

Friday, May 15

Commuter
Pedal Pool
Departures

to *Downtown*—
Meet @ Heritage
Glacier Cafe - 7 a.m.

to *Valley*—
Meet @ Paradise Cafe
near Marine Park - 7 a.m.

ALL DAY—

Show helmet for:

Bike Day SPECIAL @
-Heritage Glacier Cafe
-Paradise Cafe
-Southeast Waffle Co

FREE shower @
-Fitness Essentials
-JRC/Alaska Club
(downtown & valley)
-Pavitt Health & Fitness
-UAS Rec Center

more info at www.juneaufreewheelers.com

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